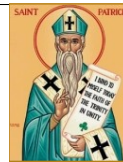


'Seek God, Find God, Embrace God in Jesus'

KU-RING-GAI CHASE CATHOLIC PARISH

Diocese of Broken Bay ~ 29th January 2023 ~ 4th Sunday in Ordinary Time ~ Year A

Zeph 2:3; 3:12-13; 1 Cor 1:26-31; Mt 5:1-12



Entrance Antiphon: Save us, O Lord our God! And gather us from the nations, to give thanks to your holy name, and make it our glory to praise you.

Responsorial Psalm: Happy the poor in spirit; the kingdom of heaven is theirs!

Alleluia Verse: Alleluia, alleluia! Rejoice and be glad; Your reward will be great in heaven. Alleluia!

Communion Antiphon: Let your face shine on your servant. Save me in your merciful love. O Lord, let me never be put to shame, for I call on you.

29th January 2023
4th Sunday in Ordinary Time
Zeph 2:3; 3:12-13; 1 Cor 1:26-31;
Mt 5:1-12

Our Mission Statement:
*'Help others to recognise,
through their experiences,
that Jesus who died and is risen
is the truth that lights up their lives'.*

Our Vision Statement:
*'That the parishioners of
Ku-ring-gai Chase Catholic Parish
grow as missionary disciples
and live as community in Christ
inviting all people into our Parish,
welcoming them to our Parish life
and embracing the rich diversity
of our community'.*

WEEKEND MASSES

Saturday	5pm	St Bernard's
	6pm	St Patrick's
Sunday	8am	St Patrick's
	9am	St Bernard's
	10am	St Patrick's
	6pm	St Patrick's

WEEKDAY MASSES

**Until further notice there will be
ONE Morning Mass only
on weekdays**

St Patrick's 9am:

Mon ~ Tue ~ Thur ~ Sat

St Bernard's 9am: Wed ~ Fri

(except 1st Friday of the month when
Mass is at 11.30am @ St Bernard's)

RECONCILIATION

Saturday	9.30am	St Patrick's
Friday	After 9am Mass	St Bernard's

Emergency sick calls
0468 341 841

(Out of office hours **URGENT** only)

HOSPITAL ADMISSION:

If you are admitted to hospital,
please write down your religion as
Catholic to receive Catholic Services.

*Be sure to notify the Pastoral Centre
if hospitalised and you would like
our own priests to attend.*



FIRST, First Friday of the Month for 2023:

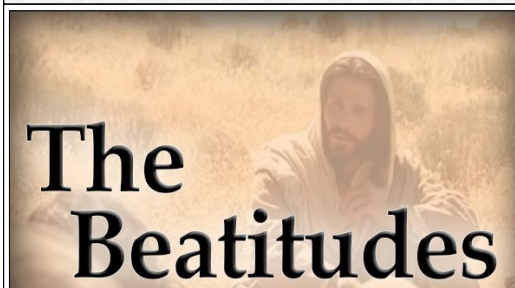
Friday 3 February 2023

ANOINTING & HEALING MASS @ St Bernard's: 11.30am

Adoration: 10.30am; Reconciliation: 11.00am; Healing Mass: 11.30am

NIGHT VIGIL @ St Patrick's:

7.30pm: Exposition of the Blessed Sacrament, Silent Prayer, Rosary,
Divine Mercy Chaplet, Benediction. *All are welcome.*



"Jesus Leads Us Up a Mountain"

© Fr. Frank Schuster

Have you ever had a mountain top experience?
When was that time? What was going on?

I think we all feel like we spend most of our lives in the
valleys of life, going from point "a" to point "b" or in circles
as the case may be, however, we all have at least one or
two mountain top experiences when God gives us a

glimpse of the world around us, where we receive clarity about God's will for us and direction on where we need
to be going in life. We call this Gospel reading from Matthew the Beatitudes. We find the word beautiful in the
word beatitude because the beatitudes are Jesus' recipe for how to live a beautiful life. However, I love how the
Gospel reading begins with Jesus situating himself on a mountain to give his famous sermon. If you visit the
location of Jesus' Sermon on the Mount, you will discover that it is actually only a good sized hill overlooking the
Sea of Galilee.

There is a lovely church on top and a nice trail that leads you down a grassy slope to the shore below.
However, Matthew's exaggeration that this sermon was given on a mountain is important. You see, mountains
are places where you cannot climb higher. It is the place where the earth touches heaven. It is from that place
where Jesus teaches his followers the spirit and perfection of the Law of Moses rather than the letter. You see,
in Matthew's Gospel, Jesus is the new Moses. Just as Moses received the law from God on a mountain, Jesus
is going to give us the perfection of the law from a mountain. Instead of a long list of "thou shalt nots" Jesus is
going to give us a long list of "thou shalt". And by doing this, Jesus is inviting us to have a mountain top look at
what is truly important in life. [...]

Let's begin with those who are poor in spirit. How are they lucky? Those who are poor in spirit are people who
are not attached to worldly wants or needs. These people are not swept away in needing to buy this that or the
other thing. These people understand that just about everything we can buy will eventually turn to dust, so why
buy it? These are people whose only wealth is a relationship with God and so they live simple lives. Ironically,
these people also typically have larger savings accounts than most people because they don't feel the need to
spend it. Their wealth is fidelity to God and so the Kingdom of God is theirs. Get it?

How about those who are mourning? How are they lucky? Firstly, Jesus came to destroy death forever and
welcome us into the eternal life of heaven. However, on a more basic level, those who mourn are lucky because
they at least know what it means to love another. Do you understand what I mean by this? Imagine going
through life without loving another enough to mourn them. I think many of us can get caught into the trap of
closing our hearts to others because we want avoid the pain of loss. Jesus is inviting us to open our hearts
again to others. Those who mourn are lucky because they have opened their hearts in love of another. By
doing this, they can know God better than others because God is love. And if they are united with Jesus, those
who mourn are given the hope of being reunited with their loved ones in heaven and so they

[Continues inside]

PASTORAL CENTRE (Parish Office)

Opening Hours: 9am – 3.30pm, Mon-Fri only.

Phone: (02) 9456 2450 / **Website:** www.bbcatholic.org.au/kccp

1-19 Woodcourt Road, Berowra Heights 2082 / P.O. Box 335, Berowra Hts 2082

Parish Office Email: parishkccp@bbcatholic.org.au



KU-RING-GAI CHASE CATHOLIC PARISH
Diocese of Broken Bay Australia

Parish Administrator: Rev Dr Biju Jose, OSH

Assistant Priest: Fr Joy Thomas, OSH

Parish Secretary: Margaret Cooper / **Bookkeeper:** Karen Price

Vol. Office Assist: Jan Favaloro / **Vol. Sacramental Team:** Peta & Phill

Sacramental Team Email: kccpsacraments@gmail.com

*'Ku-ring-gai Chase Catholic parish acknowledges the Darug and Guringai people, the Traditional Custodians who have walked upon and cared for this land for thousands of years.
We acknowledge the continued deep spiritual attachment and relationship of Aboriginal and Torres Strait Islander peoples to this country and commit ourselves to the ongoing journey of Reconciliation.'*

PLEASE NOTE:

The Parish Office
re-opens fully tomorrow ~
Monday 30th January 2023

**THIS WEEK'S READINGS
and PRAYERS****Ordinary Time ~ Year A****Monday 30/01**

Heb 11:32-40;
Mk 5:1-20

Tuesday 31/01 ~ Memorial

St John Bosco, priest
Heb 12:1-4; Mk 5:21-43

Wednesday 01/02

Heb 12:4-7, 11-15;
Mk 6:1-6

Thursday 02/02 ~ Feast

The Presentation of the Lord
Mal 3:1-4; Lk 2:22-40

Friday 03/02

Heb 13:1-8;
Mk 6:14-29

Saturday 04/02

Heb 13:15-17, 20-21;
Mk 6:30-34



Are you an Altar Server? Then you are invited to your very own

"Thanks for your ministry" Party.

As we didn't get to celebrate properly with you before Christmas and say "thank you",

Fr Biju & Fr Joy warmly invite **YOU** and all other Altar Servers to a

'get together' for a couple of hours of fun and a simple sausage sizzle on:

Day: Friday**Date: 10 February, 2023****Time: 5pm to 7pm****Venue: The SBB Presbytery, 7 Warrina Street, Berowra Heights****(right next to the school)**

and your whole family are also invited,

in fact we would love it if at least mum or dad could come along with you!

Please have mum or dad RSVP by email to: parishkccp@bbcatholic.org.au

or call 9456 2450 by **Tues. 7th February 2023.**

We hope to see YOU there! It won't be the same without you!

Attention Parish Volunteers WE HAVE A NEW DATE:**Date: FRIDAY 17th February 2023****Time: 5.30pm Mass at SPA****Time: 6pm Dinner in Fr McMaugh Hall**

As advised in November last year, we really want to thank each of you for
your acts of stewardship and ministry during 2022.

Therefore, anyone who is rostered on for a parish ministry; anyone who
regularly volunteers to help out; anyone who humbly goes about doing all the
little tasks (our quiet achievers); are all very welcome to come along to this

Thanksgiving Mass and dinner in appreciation for all you do.

Be sure to mark your diary and join us on the evening.

Please **RSVP** by email to: parishkccp@bbcatholic.org.au or call 9456 2450 by **Tues. 14th February 2023.**

You are welcome to join us for both the Mass and Dinner OR just the Mass OR just the dinner!

The choice is yours!

**Pope's intention for
February: For parishes:**

We pray that parishes,
placing communion at the centre,
may increasingly become
communities of faith, fraternity
and welcome towards those
most in need.

Ku-ring-gai Chase Parish
Remembers & prayers for...

RECENTLY DECEASED: Fr John
de Luca, Mark Formby, Bill
Healy, Patricia O'Malley,
Cardinal George Pell. Pope
Emeritus Benedict XVI,

ANNIVERSARIES:

Maria Lombardo,
Assunta Fraietta

SPECIAL PRAYERS FOR THE SICK:
Those suffering from Covid-19 -
that it is brought under control
and eliminated as a health risk.

PRAYERS FOR THE SICK:

Yvonne Graham, Garth Graham,
Isabel Henson, Judy Farrell,
Chichi Datoc, Ann Leslie,
Georgina Hughes, Mary Burns,
Rey Hilario, Patrick Dorahy,
Roger Okell, Jean Cook,
Barbara Jones, Rosemary
Pendlebury-Grainger, Brian
Treacy, John Cosgrove (Snr),
Patrick O'Donoghue, Fr Thomas
Philip OSH, Josef, Marie Haag,
Elaine Longmuir.

Please NOTE WELL:

It is our practise during
January, to delete names from
the Sick list whose situation
hasn't been updated.

The 250 Club!

Dear all, the first series for 2023
(of our 'two-per-year' programme)
is about to commence and we are



looking for more members so we can give away more money!

If you are already a member, you may have (or will soon) receive
a reminder from our bookkeeper to make payment for Series 1.

You will only get this email if you are not financial.

If you are financial then you won't hear from us ...

UNLESS YOU WIN A PRIZE OF COURSE !!

We have 'blocks of four numbers' available now

so why not be part of the fun ~ \$1 per week paid in advance for
the 20 week series means your investment of just \$20 offers you

the chance of winning \$25 each week and

one chance in every five weeks of winning \$500!

To get on board this simple but effective parish initiative please

contact the Office on 9456 2450 or email

parishkccp@bbcatholic.org.au



We warmly welcome back
to school all our
teachers and students of
St Bernard's and
St Patrick's Primary Schools,
AND

**We also welcome back to school all our
Catechists who lead Special Religious
Education classes in our
local State Primary Schools of
Wideview, Berowra, Mt Colah, Mt Kuring-gai,
Asquith, Hornsby and Hornsby North
We ask God's blessing on you all
as you begin the new school year.
May it be a happy and successful year for
you all.**

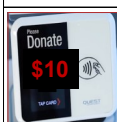
**"Train up a child in the way he should go;
even when he is old
he will not depart from it." Proverbs 22:6**

6 ways to
stay
positive

1. Have Faith in God's Plan
2. Put It in God's Hands
3. Practice Gratitude Daily
4. Focus on Helping Others
5. Surround Yourself With Laughter
6. Write it Out / Talk it Out



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for your support through these devices.



Bank Account Number: To obtain the details of our bank account (for regular
or ad hoc donations), please contact the parish office on 9456 2450 or via
email to: parishkccp@bbcatholic.org.au
~ Thank you for your ongoing financial support of the parish, Dr Biju.

[From front page] will be comforted.

How about those who are insulted and persecuted for the sake of the Gospel? Again, Jesus promises his disciples eternal life where there will be no persecution, however, in my experience the most difficult people to help awaken a sense for God inside of them are those whose lives are too comfortable with no challenges. It isn't until we experience some hardship that we truly start figuring out who we are, what we are about, and to sincerely start considering how dependent we are on God. Understand? They are lucky also in the sense that their lives are based on the mission of the Gospel and the goal of eternal life rather than being preoccupied on things of this world that do not have the power to ultimately save us. [...] Once we have embraced these values, we can then better appreciate what it means to be meek in the eyes of God, to hunger for righteousness, and the value of being merciful to others and becoming peacemakers in our world that is so desperate for it. [...] . [To read full homily please go to: https://bishopfrankschuster.com/wp-content/uploads/2017/01/4th-sunday-of-ordinary-time-a-jesus-leads-us-up-a-mountain.pdf](https://bishopfrankschuster.com/wp-content/uploads/2017/01/4th-sunday-of-ordinary-time-a-jesus-leads-us-up-a-mountain.pdf)

FOURTH SUNDAY IN ORDINARY TIME ~ Zeph 2:3; 3:12-13; 1 Cor 1:26-31; Matt 5:1-12

I think those who write self-help books and work as life coaches would find today's gospel passage baffling and ridiculous. Today we hear from chapter 5 of Matthew's Gospel, the first of the discourses or preaching of Jesus, which is known as the Sermon on the Mount, and in these nine sayings of Jesus, the nine Beatitudes, we have a summary of what it is to be Christian. A life coach, for those who want to spend the money, tries to help you to identify areas of your life you want to change, to develop your goals and an action plan, to develop new skills to achieve those goals and overcome blockages that prevent you from reaching your potential, and to make you feel happier and more content. As Christians, we already have our life coach; we already have our path to happiness, and these nine Beatitudes are it.

Yet for those of us who believe that happiness comes from what we earn or what we own, that self-worth comes from what we achieve and from being a success, then the words of Jesus in the Beatitudes are hard to swallow. Who wants to be a peacemaker when it is easier to fight back? Who wants to be gentle and stepped on? Who wants to stand up for what is right when it is easier to go with the flow? Who wants to be sad? Who wants to be abused? Who wants to be merciful and forgiving when our natural instinct is to get even and punish someone who has hurt us? Who wants to be persecuted? Who wants to be pure in heart when there is too much fun to be had? Who wants to be poor?

The great fifth-century North African bishop, Augustine of Hippo, realised the paradox of the Christian life. Fulfilment comes not from filling up our lives but from emptying them. The new life that Jesus brings comes from dying to self, not buying 'to' self. This is what Augustine said (Sermo 53A): 'Why are you afraid of being poor? Think of the wealth of the kingdom of heaven. People are afraid of poverty; let them be afraid, rather, of iniquity. After the poverty of the just, in any case, will come great prosperity, because there will be complete security; here, on the other hand, the more you increase what are called riches but are really not so, you also increase fear, and you don't put an end to greed. You can find me many rich people, can you find me one who has no worries? He's in a fever to go on getting, he's in a sweat about losing. When can such a slave ever be free?'

Today we are thankful that God loves us who are poor and weak. We are thankful that God loves us who are humble and foolish. We are thankful that God loves us who are common and ignored. We are thankful that God loves us who endure the unendurable, who forgive the unforgivable, who protect the unprotected, who are faithful to the faithless, who are just to the unjust, who shelter the homeless, who find the good in the bad, who encourage the dispirited, who love the unlovable. We thank God who loves us for those who build up rather than tear down, who bring together rather than divide, who give rather than take, who share rather than hoard, who understand rather than judge. Let us thank God that God is our wisdom and virtue, that God is our holiness and freedom. To us who follow Jesus through the power of the Spirit, to us who allow our bodies to be broken thanks to this broken bread that we eat, and to us who allow our lives to be poured out in service for others, thanks to this wine poured out that we drink, God promises the happiness and blessedness of the kingdom of heaven. For this we give God thanks and praise.



Geoffrey D Dunn <https://www.liturgia.com.au/App/Calendar/2023/1/29>

Blessed are the poor in spirit, for theirs is the kingdom of heaven.

Blessed are they who mourn, for they will be comforted.

Blessed are the meek, for they will inherit the land.

Blessed are they who hunger and thirst for righteousness, for they will be satisfied.

Blessed are the merciful, for they will be shown mercy.

Blessed are the clean in heart, for they will see God.

Blessed are the peacemakers, for they will be called children of God.

Blessed are they who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven.

The Sin of Lying

A minister told his congregation, "Next week I plan to preach about the sin of lying. To help you understand my sermon, I want you all to read Mark 17."

The following Sunday, as he prepared to deliver his sermon, the minister asked for a show of hands. He wanted to know how many had read Mark 17. Every hand went up. The minister smiled and said, "Mark has only sixteen chapters. I will now proceed with my sermon on the sin of lying."

Wandering in the Desert

Q: Why did Moses wander in the desert for 40 years?

A: Even then men wouldn't ask for directions!

Pancakes

A mother was preparing pancakes for her sons, Kevin, 5, Ryan, 3. The boys began to argue over who would get the first pancake. Their mother saw the opportunity for a moral lesson.

"If Jesus were sitting here, He would say, 'Let my brother have the first pancake. I can wait.'"

Kevin turned to his younger brother and said, "Ryan, you be Jesus!"

ROSTERS & READINGS FOR W/end – 4th/5th February 2023 - 5th Sunday Ordinary Time Year A - Is 58:7-10; 1 Cor 2:1-5; Mt 5:13-16

	St Bernard's Church		St Patrick's Church			
	5.00pm	9.00am	6.00pm	8.00am	10.00am	6.00pm
Acolyte / Snr Server	Paul Dryden	Volunteer now	Sub requested	Phil Daidone	Malcolm Cross	Vicente Sanchez
Altar Servers	Robyn Orr Archie Tod	Annalise Cottrell Sophia Cottrell	Volunteer now Volunteer now	Volunteer now Volunteer now	Thomas Clarke Catherine Mooney	Volunteer now Volunteer now
Reader (1)	Mary Dorahy	Peter Collins	Edwina Subramany	Jim Fitzgerald	Chris Newnham	Kerri O'Neill
Reader (2)	Donna Machado	Sub requested	Miguel Do Rego	Mary Stokes	Sue Newnham	Paul O'Neill
Sacristy/Cleaning/Flowers	Natasha Steele, Genevieve Funk, Ted Cook (f), Tina Manti (s)		Cynthia Gilbertson, Sue Watts, Cathy Gray, Maria Hon (f)			
Maintenance	Teams A & B (help always needed)		February: Luke Massa & David Mooney			

Working in a child-related ministry in the Catholic Diocese of Broken Bay: Paid and volunteer workers who have direct face to face contact with children (under 18 years) are required by law to obtain a Working with Children Check number. Please note though, exemptions may apply in some cases. The Parish is the employer of the paid or volunteer worker and therefore is required by law to verify the Working with Children Check number. All paid or volunteer workers engaged in a child-related role must have a clear Working with Children Check to work in a child-related ministry. This disclosure references the legislation, *Child Protection (Working with Children) Act 2012*.

Complete the Text Maze

"Blessed are the humble, the earth will belong to them."

L	E	A	C	M	I	C	E	B
E	R	S	E	B	H	E	N	P
Q	E	S	H	E	T	E	A	R
A	D	O	A	L	K	I	N	T
R	P	F	M	B	D	E	L	K
E	T	H	U	Q	L	D	E	L
M	H	E	H	A	L	E	B	L
U	C	V	D	F	O	W	I	F
X	D	G	D	J	N	G	T	O
H	A	I	A	B	V	O	G	T
M	F	H	R	G	O	C	A	H
A	S	C	L	H	D	E	N	J
M								

The businesses below support our parish by advertising.



Draw a line from the first half of each beatitude to its correct ending.

Blessed are those who grieve...

...they will be treated with mercy.

Blessed are the merciful...

...they will be called God's children.

Blessed are those who make peace...

...they will see God.

Blessed are those with pure hearts...

...they will find comfort.

The businesses below support our parish by advertising, please support them in turn.



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We pick-up, pack and send quickly, cheaply and safely. For friendly, efficient service [contact James or Stuart](#) (Berowra Heights resident), for a competitive quote for large and small packing and shipping needs for local and international deliveries. [Free pick-up for local residents.](#)

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